



WCMS NEWSLETTER

Issue 3/2024

July 2024



Coming Events

July

- 4th – Lino Lunch
- 9th – Inspection of the Light Rail Depot in Mitchell. We will have the bus at the shed ready to leave at 9:30, we have to be at Tram Shed at 10.00 am – We now have a bus-load of 12, so put your name on the standby list, perhaps car-pool?
- 11th – Speaker: our very own Ross Howard will address us and give us the inside gen on the life of a travel agent : thanks Ross
- 18th – Lino Lunch
- 25th – Lino Lunch

August

- 1st – Lino Lunch
- 3rd – Wednesday – Lunch at LDK in Tuggeranong with John Burrows. We'll send out the menu as soon as we have it. We need to know number so we can book, name on whiteboard *** this event may move depending on John's availability
- 8th – Speaker – Dr Marisa Pattersen, MLA. Talk on gambling and the effect of our old friend, the pokies.
- 15th – Lino Lunch
- 22nd – Speaker TBA
- 23rd (Friday) - Shed members to visit Braidwood Men's Shed and lunch at the Shed. Details to be worked out, but Event is confirmed at this date.
- 29th – Lino Lunch
- 29th – 1800 to 2000 – Fathers' day evening activity at Bunnings

September

- 5th – Lino Lunch
- 7th – Bunnings Tuggeranong BBQ
- 12th – Annual General Meeting
- 19th – Lino Lunch
- 26th – Lino Lunch

President's Report

I am pleased to report that our Shed is still performing really well, in that our activities which are designed to meet our obligations under the "Objects" of our "Rules" have all been a success. We continue to engage with the community, and they with us. One of our current activities is with the various day-care and pre-schools around our district. The initiative started with our gaining a grant from the IMB Bank and came to fruition when the Torrens pre-school asked us to make them a mud-kitchen. A mud-kitchen is a child's play workbench with a sink, stove elements and hanging rack for their pots and pans. We also visited the Cooma Men's Shed and later, the Bredbo Men's Shed. Both outings thoroughly enjoyed by our members, and a positive engagement with other like-minded groups.

In-house activities, such as the soup kitchen, guest speakers and Lino's lunch, all continue to involve an increasing number of members, which is fantastic, and thank you to all for your support. While our Objects state our reason for existence is to be there to support the physical and mental health of men in the community, I am always very aware that we, the members, are part of that community as well.

Proof of our effectiveness and reach into the community was recognised by the Rotary Club, who awarded us with their prestigious Community Service Award. Well done us.

So that's great, things are going well. Well enough for me to take a holiday travelling up through Queensland and to leave the running of the organisation to your Vice president, John Webster. So, thanks in advance for making his tenure as stress-free and enjoyable as possible.

Which brings me to the Annual General Meeting to be held in September. You all know that Warren Jones has signalled that he won't be standing for any committee position, reasoning that after seven years or so he feels he's done enough, and rightly so.

Which means that we need a Secretary.

And, our hardworking and diligent Treasurer needs a break as well. I don't know how long Dennis has been cooking the books for, but it's high time he was given some down time. You must never forget that Committee members are part of our community as well, and they need to have their physical and mental health cared for just as much as any of the members that they support. Wouldn't it be great if several men nominated for the position?

We can survive without a Secretary, even a President or Vice-President for that matter.

But, we definitely, absolutely, can't exist without a Treasurer. Please give both positions your most serious contemplation.

Anyhow, I'm off to sunnier and (hopefully) warmer climes, stay safe and I'll see you in the spring.

Yours in Shedding,

Brian Black.

President, WCMS

Social & Welfare

COVID-19 is still running rampant through the community. Several members had had doses lately, with some becoming seriously ill, just as serious as it was in 2020, four years ago. Also there is RSV, Respiratory syncytial virus (RSV,) a common virus that infects the airways and lungs. It is highly contagious. RSV spreads between people if an infected person produces small water droplets while talking, coughing and sneezing. Just like COVID. And of course, the perennial favour, 'flu, is still at large.

Get your shots. See our doctor, Keep yourself safe.

Report: Brian Black

Gardening News

Hot from the Plot, as they say....

When Autumn was closing the garden down, Graham weeded, mulched and planted a 'mulch crop', which looks a lot like weeds to me, but is supposed to be very beneficial when they are turned into the soil at the end of winter. He had left one long tub empty, so just for fun, with Graham's blessing, I planted peas and something called "Italian Salad vegetables." As I'm not going to be here to harvest, I'll leave the leaves and peas up to Graham to harvest and distribute as he sees fit. I thoroughly enjoy digging in dirt and pulling weeds, it gives me some kind of weird de-stressing pleasure.

Graham has been doing a fantastic job with the garden for years, and he too, welcomes any help that is offered. Go and chat to him, pull a few weeds. Turn a few sods. Meet a new mate.

Report : Brian Black

Some of the things we did during the previous months.

For the full articles and images, please visit our website: westoncreekmensshed.org.au

According to Mr Brisbane of the Syracuse Advertising Men's Club, 1911, "Use a picture. It's worth a thousand words." So I will, and here they are:



That's all folks!